



MEDIA RELEASE  
For Immediate Release

## **The Show You Can Do From Your Bed Comes to The Edinburgh Festival Fringe as Hello!Earth Present Tuesday Night Sleeping Club**

**We promise to have you in bed by eleven!**

***Tuesday Night Sleeping Club*** is a nighttime sleep and action radio. is an immersive live streamed audio experience, playing out in your own home, and connecting the sleeping city.

***Tuesday Night Sleeping Club*** is an invitation to explore sleeping and dreaming as a space of interconnectedness and intuitive time.

Tune into the live streamed radio broadcast and spend the evening from 9-11 immersing yourself in preparations, exercises and small rituals, preparing you to enter the night and sleep like you never did before!

At 11 we all dive into the night and sleep together and throughout the night, a specially composed soundblanket guides us on the journey into the sleep and dreams in an extra-sensitive state.

After the first phase of deep sleep at 4am, we invite the courageous ones for small nightly excursions into the sleeping city.

At 7 everyone is gently woken up and the morning broadcast collects traces of the night and closes the experience at 8 o'clock.

### **How to wake up while we sleep?**

Fueled by the fascination of sleep and dreams and the potential to find new pathways into our shared consciousness, hello!earth is inviting audiences to explore sleeping and dreaming as a space for discovery and shared action. Carried by the tenderness of the night we embark on discoveries beyond logics of functionality in this one of a kind immersive audio experience.

To fall asleep is often referred to as “The little death” and as a point of passage, where one is loosening one’s grip of ego and connects to a collective consciousness. A space where entanglements and interconnectedness are tangible.

While celebrating the very daily action of sleeping and dreaming together as a space of collective potential for creation, the experience highlights the collective mind as an invisible, political presence.

Could sleeping and dreaming, as a conscious action of embracing the unknown, actually be a form of activism? -and could it inspire or manifest how we shape the world of tomorrow?

### **Creative Credits**

**Concept:** hello!earth / Vera Maeder and Jacob Langaa-Sennek.

**Co-creating artists:** Emil Sebastian Bøll, Daniel Norback, Boaz Barkan, Jacob Langaa Sennek, Vera Maeder.

**Sound design:** Emil Sebastian Bøll.

Co-produced with Copenhagen International Theater/ Metropolis.

**hello!earth** creates participatory cross-disciplinary art works with relational approach, where the presence of the audience is the co-creating and central element. The base of the work is an inquiry into consciousness and



an exploration of the myth of reality. An attempt to unfold the potential of possible relations between people and place and make interconnectedness and diversity tangible. The works are always spaces for an audience to experience, sense, do and meet.

hello!earth insists on that art is a place for big and fragile visions. A laboratory space where new thoughts and ideas can become reality, and where we together create the world, instead of consuming it.

Things that mattered the past many years, are being part of and contributing to a needed transition, in response to the pressing ecological and political situation of our times. And to inspire change towards regenerative practices and visions.

[www.helloearth.cc](http://www.helloearth.cc)

[www.tuesdaynightsleeping.club](http://www.tuesdaynightsleeping.club)

**TUESDAY NIGHT SLEEPING CLUB** is part of the #DANISH showcase at Edinburgh Fringe 2022 presented by The Danish Arts Foundation and produced by WILDTOPIA. The showcase is supported by The Embassy of Denmark in the UK.

#### **The Danish Arts Foundation**

The Danish Arts Foundation supports and promotes Danish Performing arts internationally by coordinating the Danish presence at relevant events and Projects abroad. The foundation facilitates residencies in Denmark and abroad as well as visiting programmes for international performing arts professionals in order to increase awareness of Danish Performing arts.

#### **The Danish Embassy in the UK**

The Danish Embassy in the UK aims to ensure the highest possible quality and best visibility for Danish arts and artists, including securing the right partnerships with British cultural institutions, artistic collaborators and stakeholders.

#### **WILDTOPIA**

WILDTOPIA is a creative production and promotion company with a mission to connect art and human beings – unfolding the values in international meetings and collaborations. Since 2020 WILDTOPIA has been producing the #DANISH showcase at EdFringe. In 2018 the company initiated the first Nordic collaboration at EdFringe. 2021 the company founded the digital first festival RE:LOCATIONS as a response to a world where old ways of working internationally weren't possible and needed to change. WILDTOPIA is committed to continue exploring and manifesting new ways of producing and working more sustainable in the international fields.

For more information, interview and filming requests, press tickets and images please contact Michelle Mangan PR at [hello@michellemangan.com](mailto:hello@michellemangan.com) or phone 07979227909

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